Fernando Josei

Portifolio - “Spontaneus lines, for artistic lives”



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Olá sou Fernando!

Venho aqui através desta apresentação mostrar um pouco de meu trabalho como ilustrador. Um estilo espontâneo e natural, com traços naturais e pintura espontânea.

I come here through this presentation to show a little of my work as an illustrator. A spontaneous and natural style, with natural features and spontaneous painting.

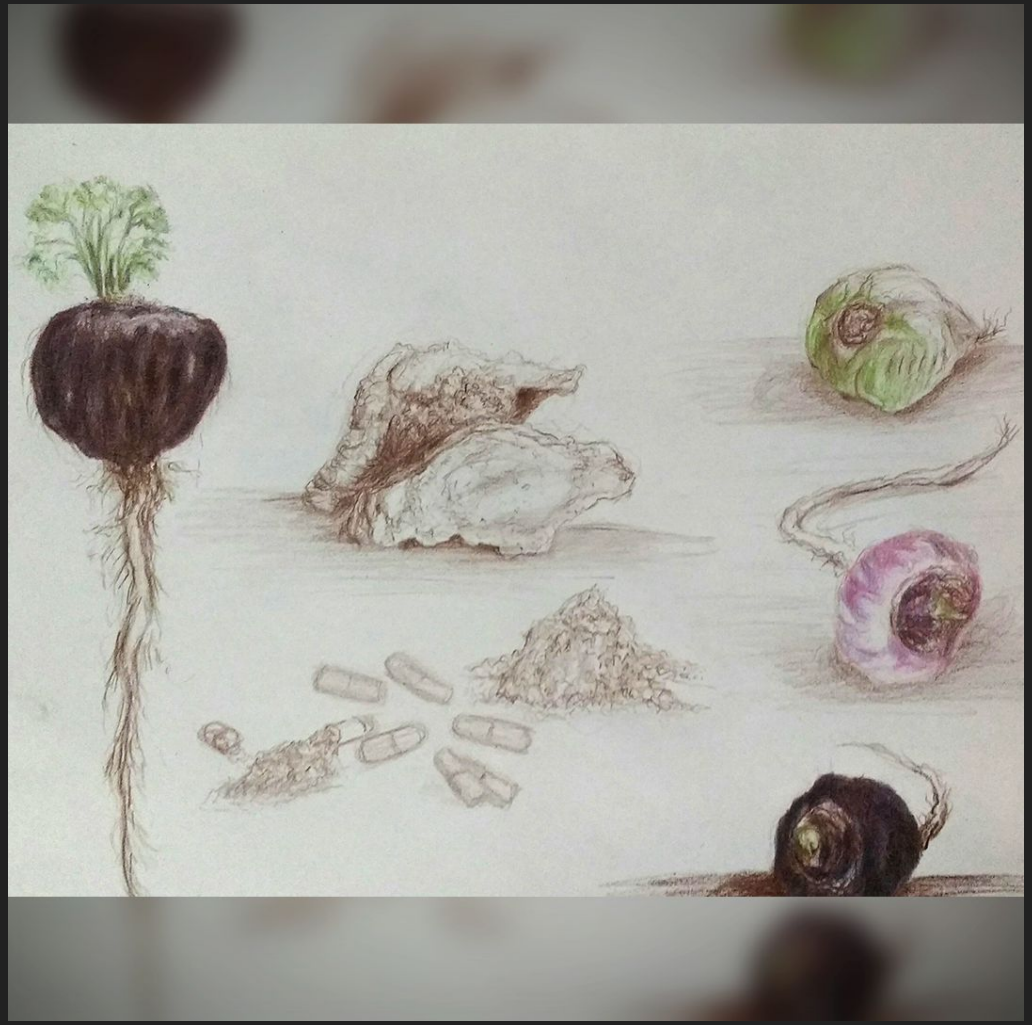
Materials: Graphite pencil, colored pencil, charcoal, crayon mixed with charcoal and Photoshop(digital painting).











Peru

PERUVIAN MACA



Lepidium meyenii, known as maca or Peruvian ginseng, is an edible herbaceous biennial plant of the family Brassicaceae that is native to South America in the high Andes mountains of Peru. It was found exclusively at the Meseta de Bombón plateau close to Lake Junin in the late 1980s.[1] It is grown for its fleshy hypocotyl that is fused with a taproot, which is typically dried, but may e freshly cooked as a root vegetable. If it is dried,

it may be further processed into a flour for baking or as a dietary supplement. It also has uses in traditional medicine. As a cash crop, it is primarily exported as a powder that may be raw, or processed further by the supplement industry: gelatinized or made into an

Peru

HARVEST



The harvest is done manually, with the leaves left in the field as livestock feed or organic fertilizer.

The yield for a cultivated hectare may reach an estimated 15 tons in fresh hypocotyls resulting in around 5 tons of dried material.[6] According to the Ministry of Agriculture of Peru, however, average maca yields for 2005 were only 7 t/ha, with a great variation between different sites.[1] Although maca has been cultivated outside the Andes, whether it develops the same active constituents or potency outside of its natural habitat is not yet clear. Hypocotyls grown from Peruvian seeds form with difficulty at low elevations, in greenhouses, or in warm climates.

Peru

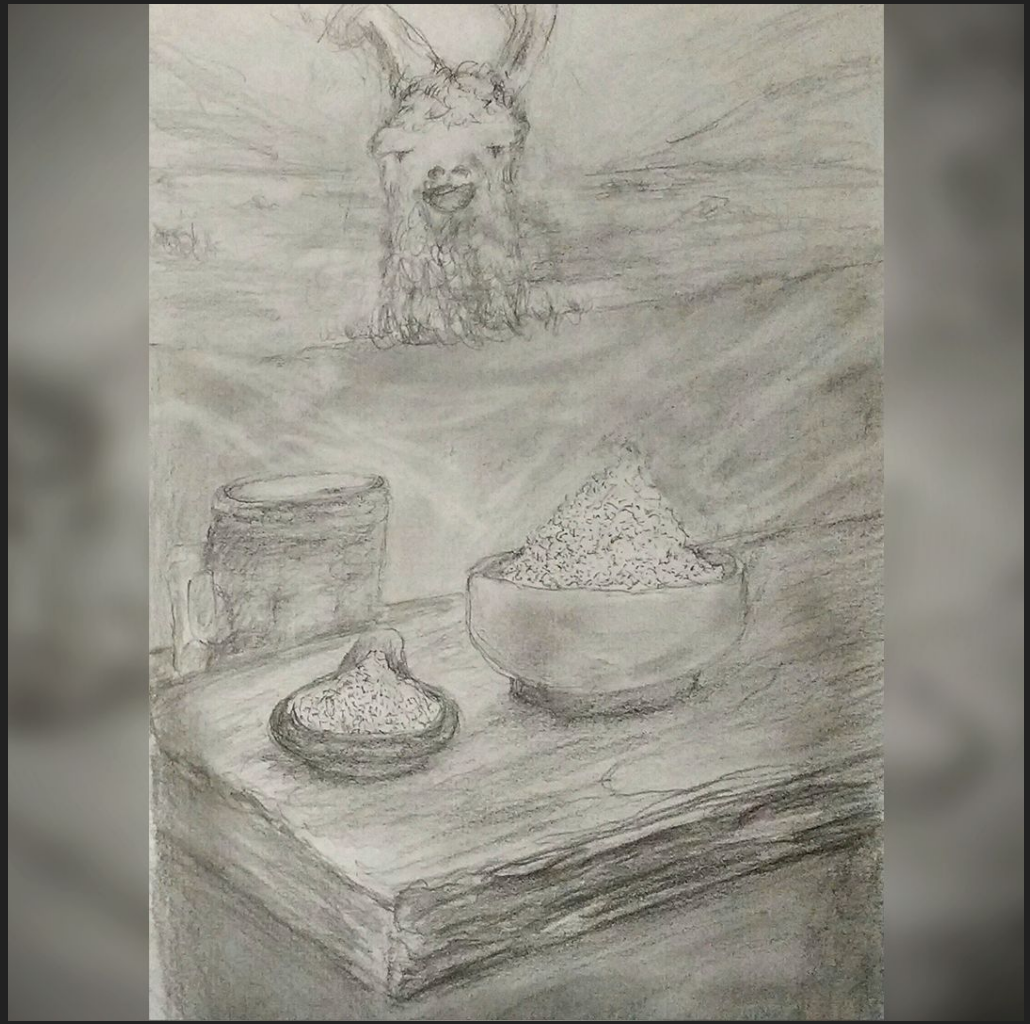
GROWTH

The growth habit, size, and proportions of maca are roughly similar to those of radishes and turnips, to which it is related, but it also resembles a parsnip. The green, fragrant tops are short and lie along the ground.[6] The thin, frilly leaves sprout in a rosette at the soil surface, not growing more than 12–20 cm (4.7–7.9 in) in height.



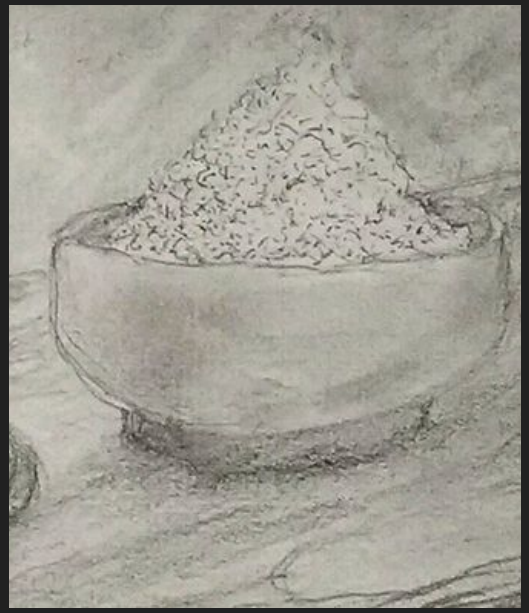
Peruvian Maca in powder



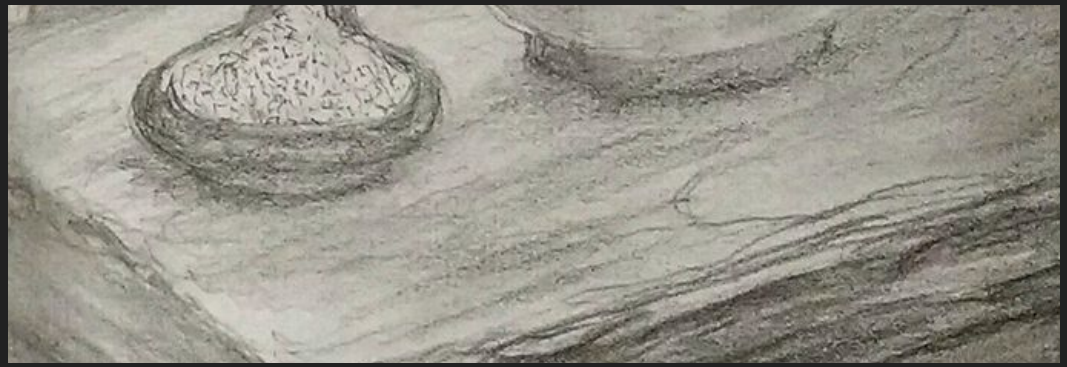



MACA PERUANA

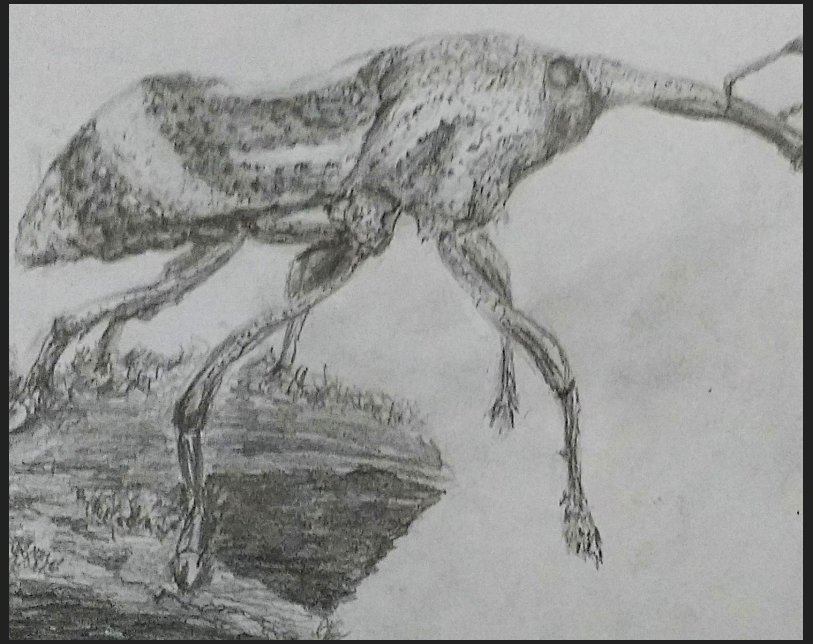


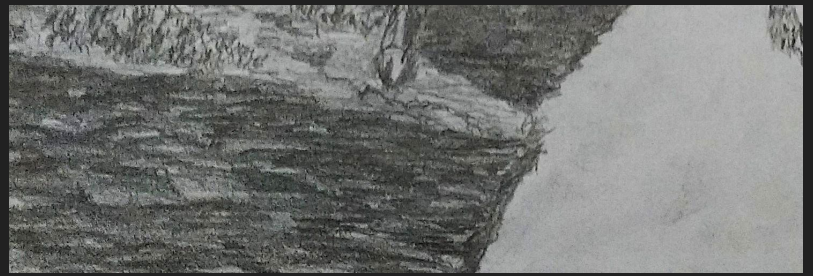










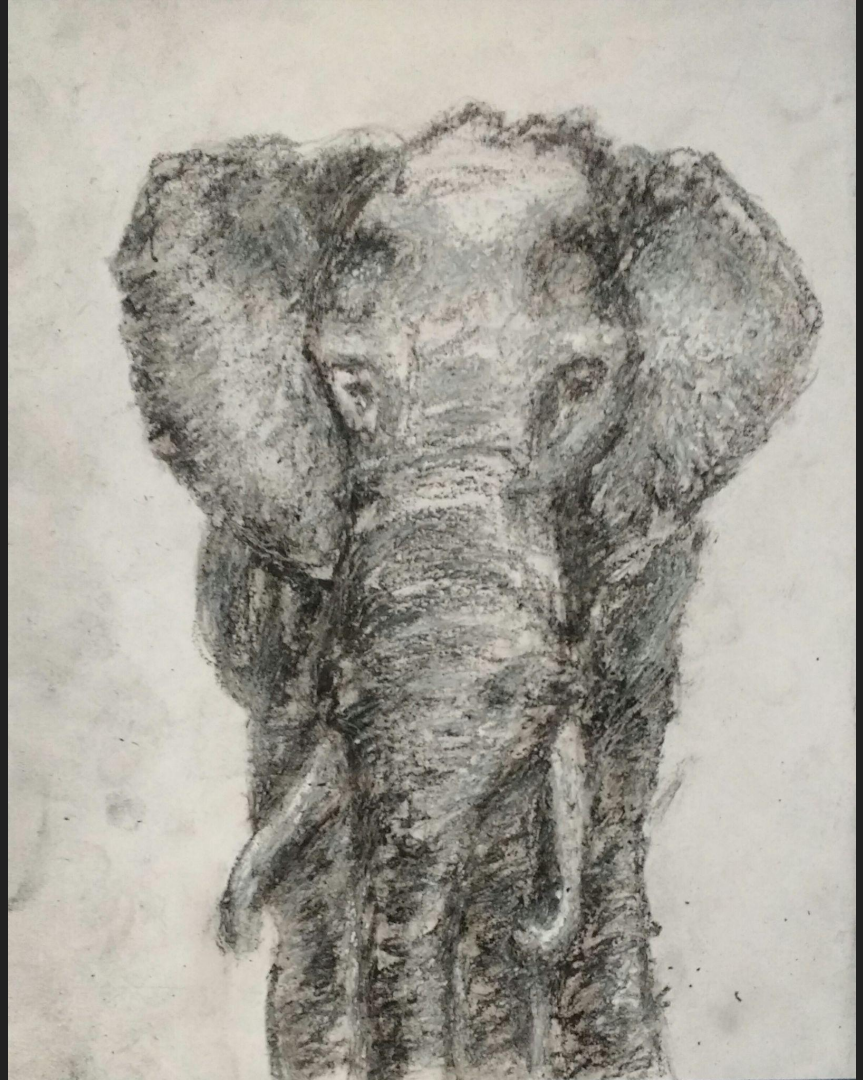


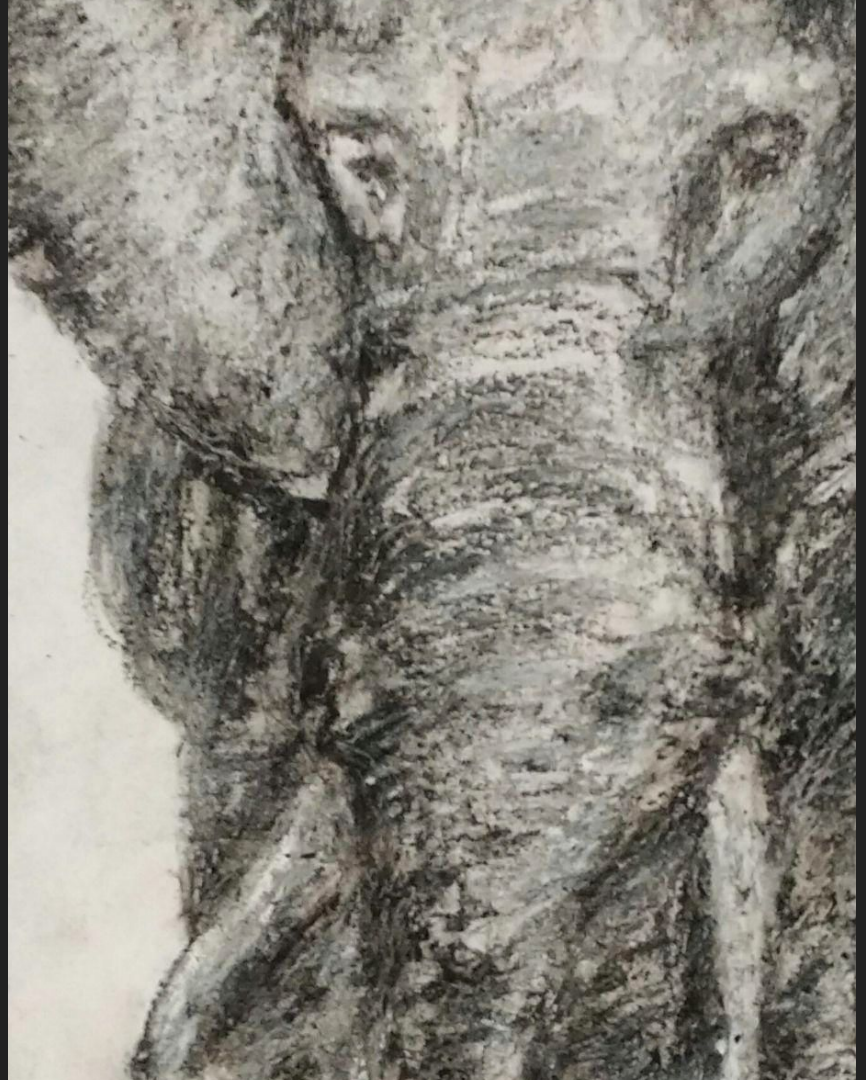
















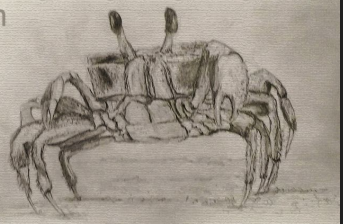


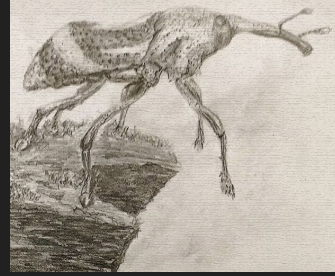
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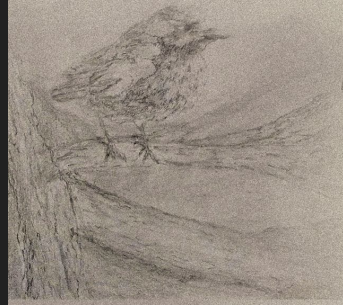
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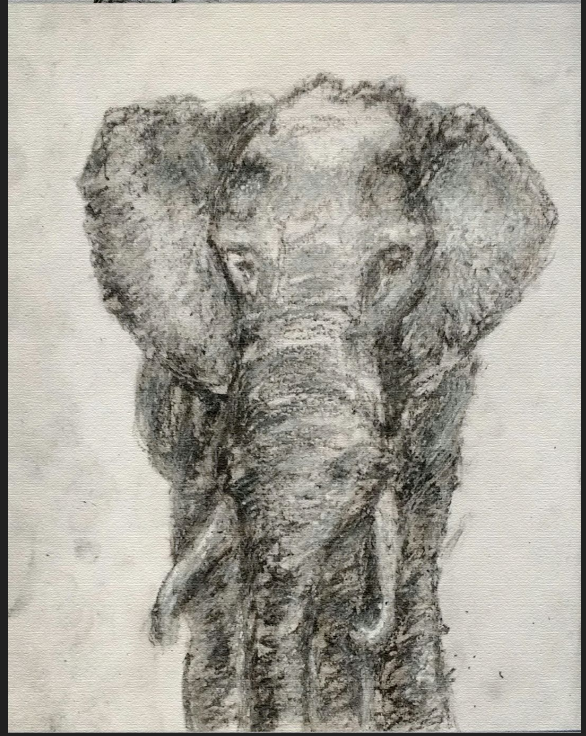
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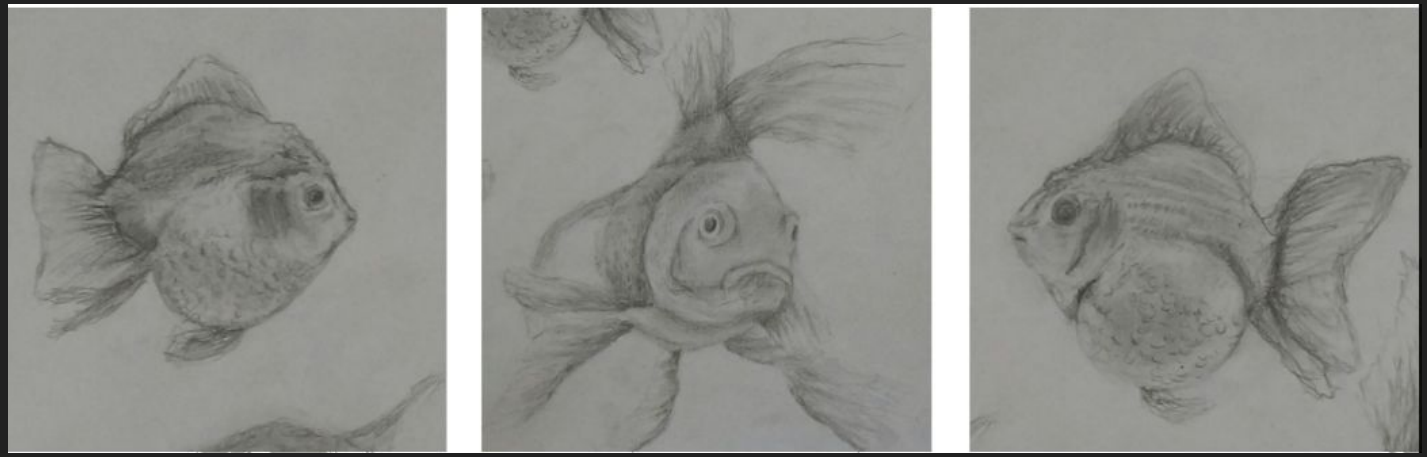
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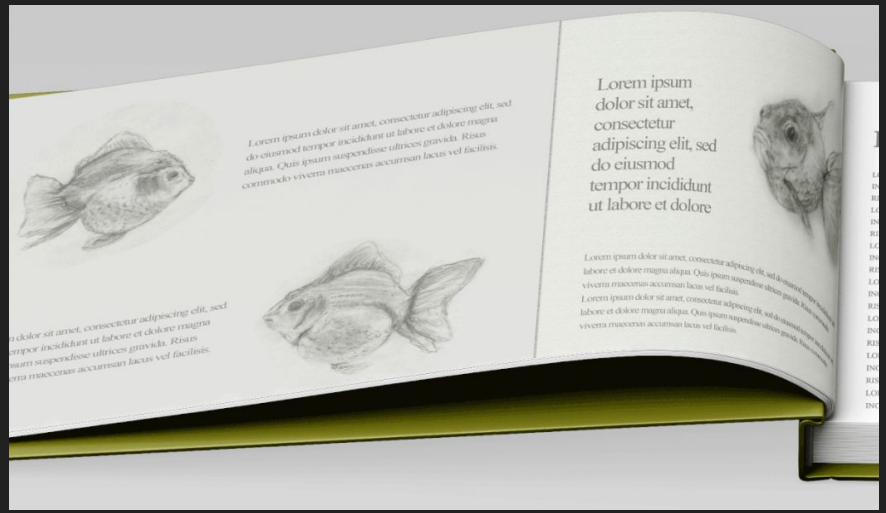
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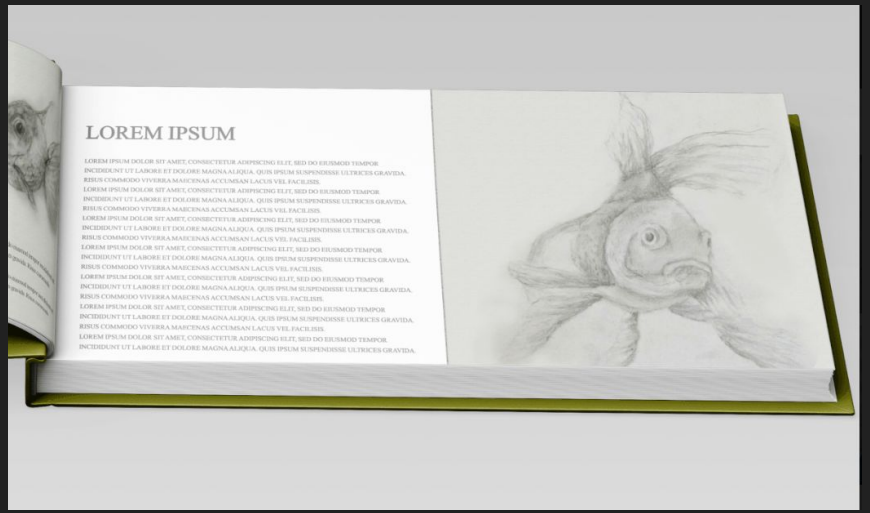


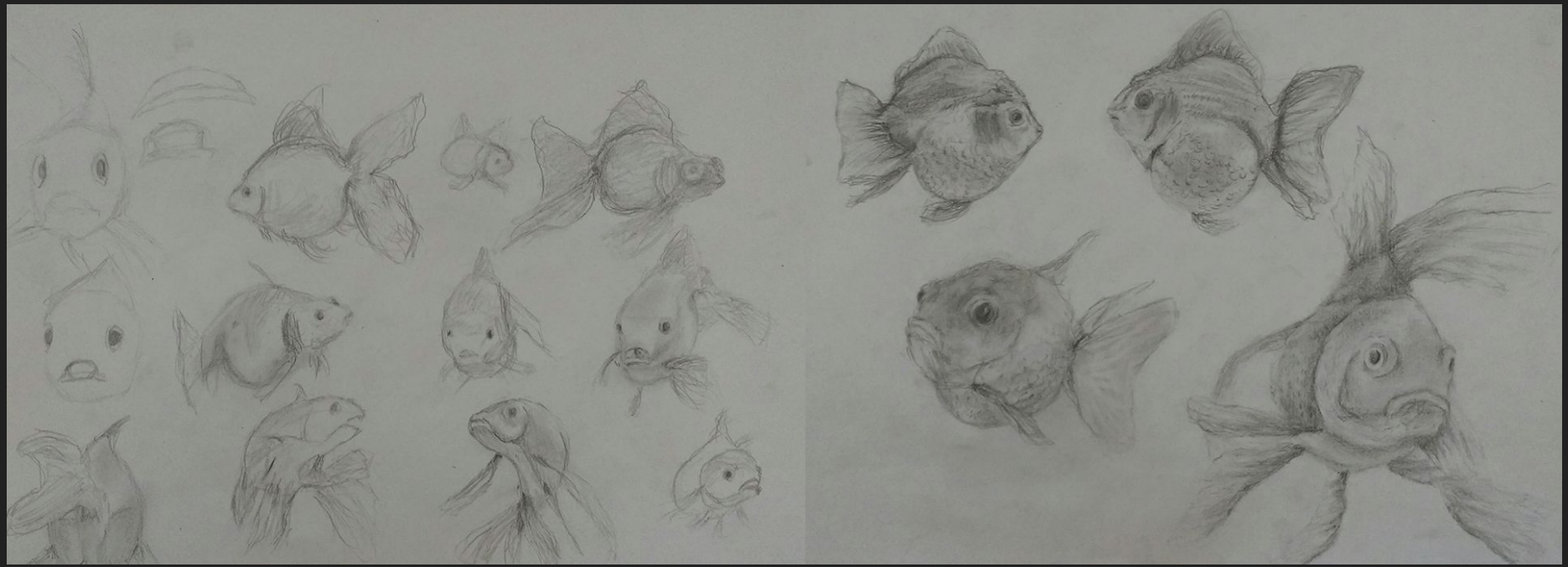


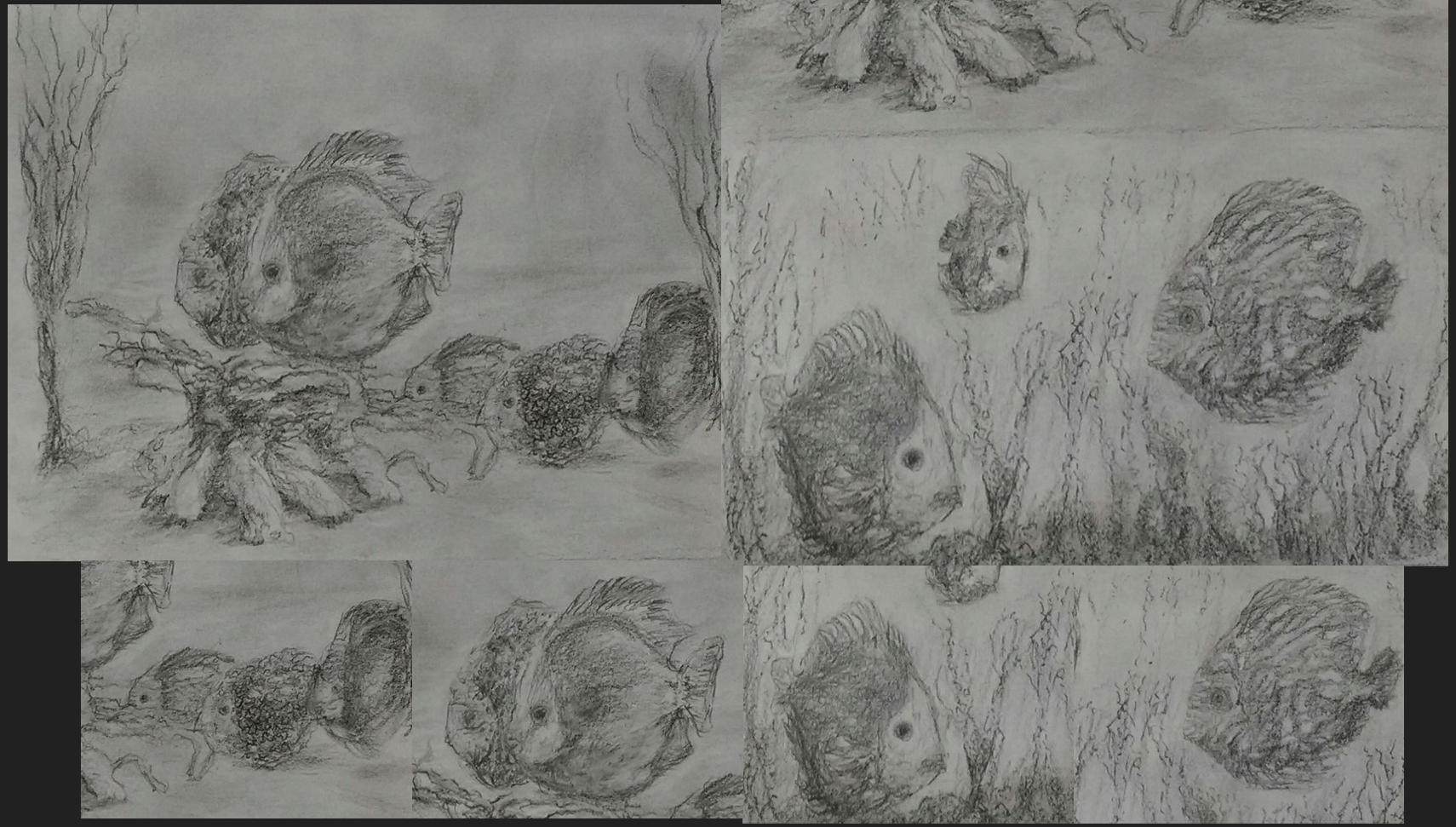





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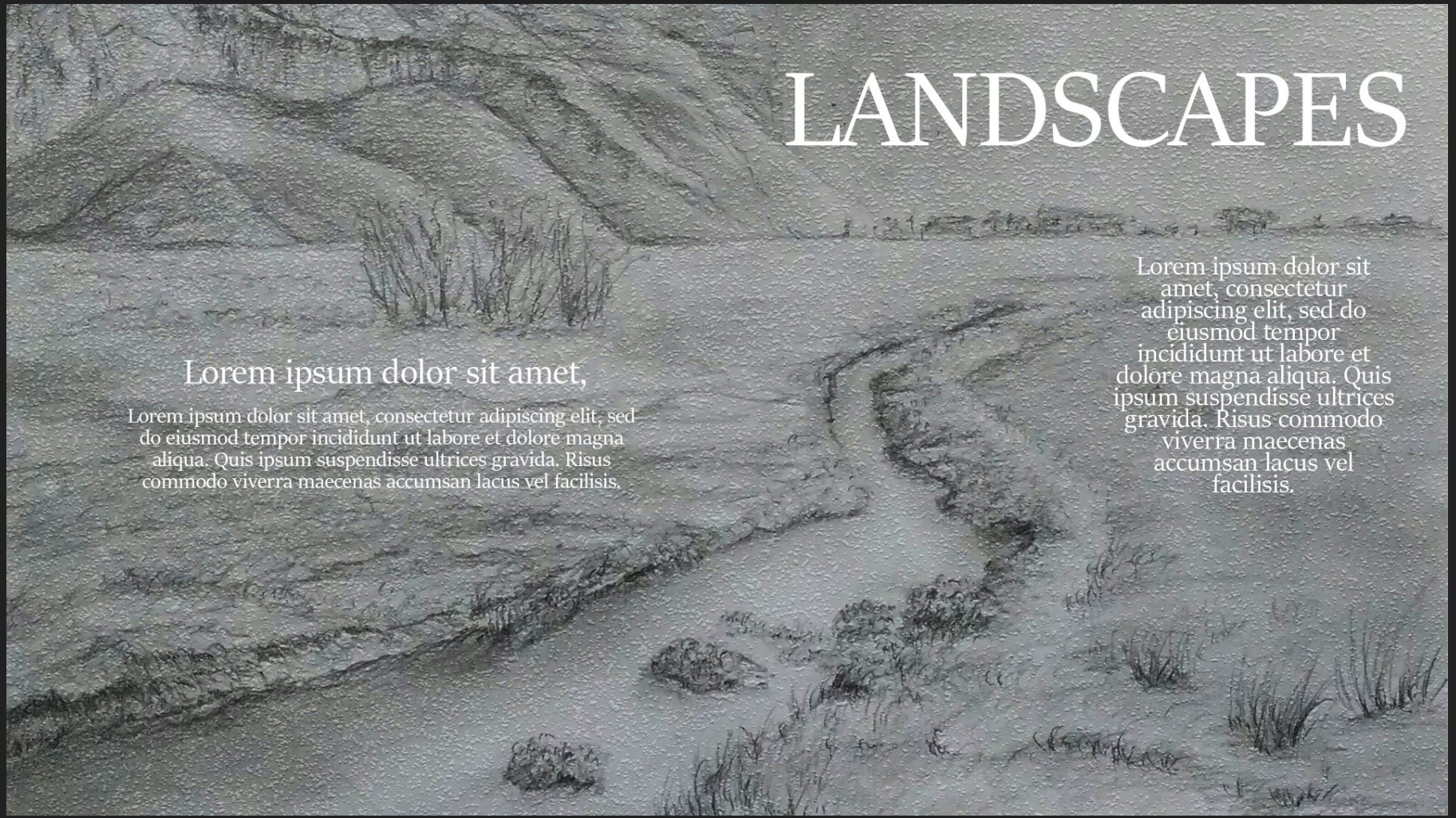

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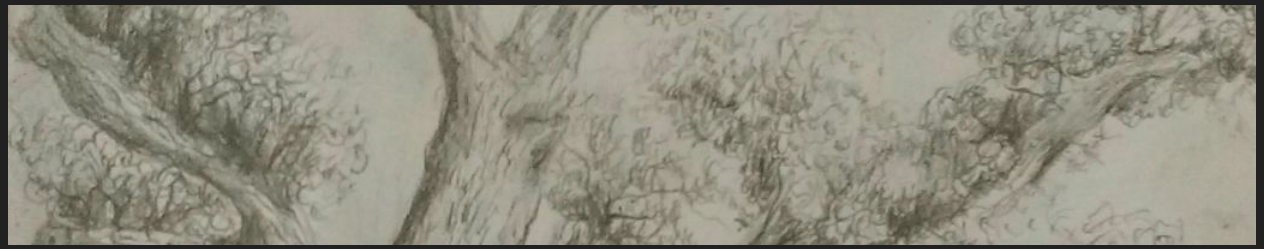




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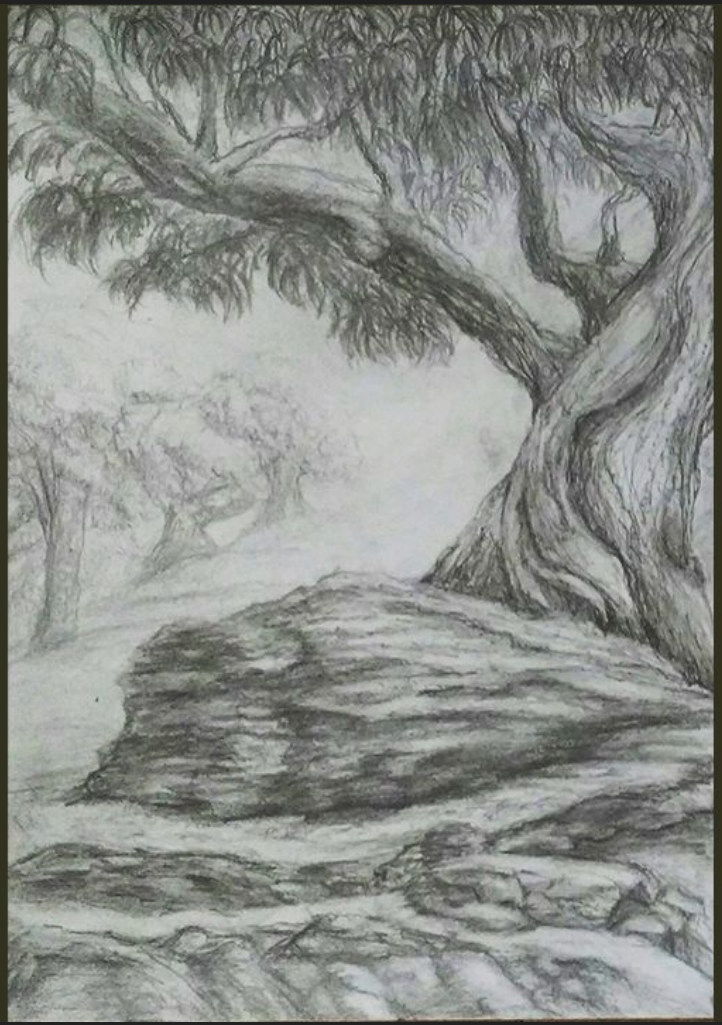


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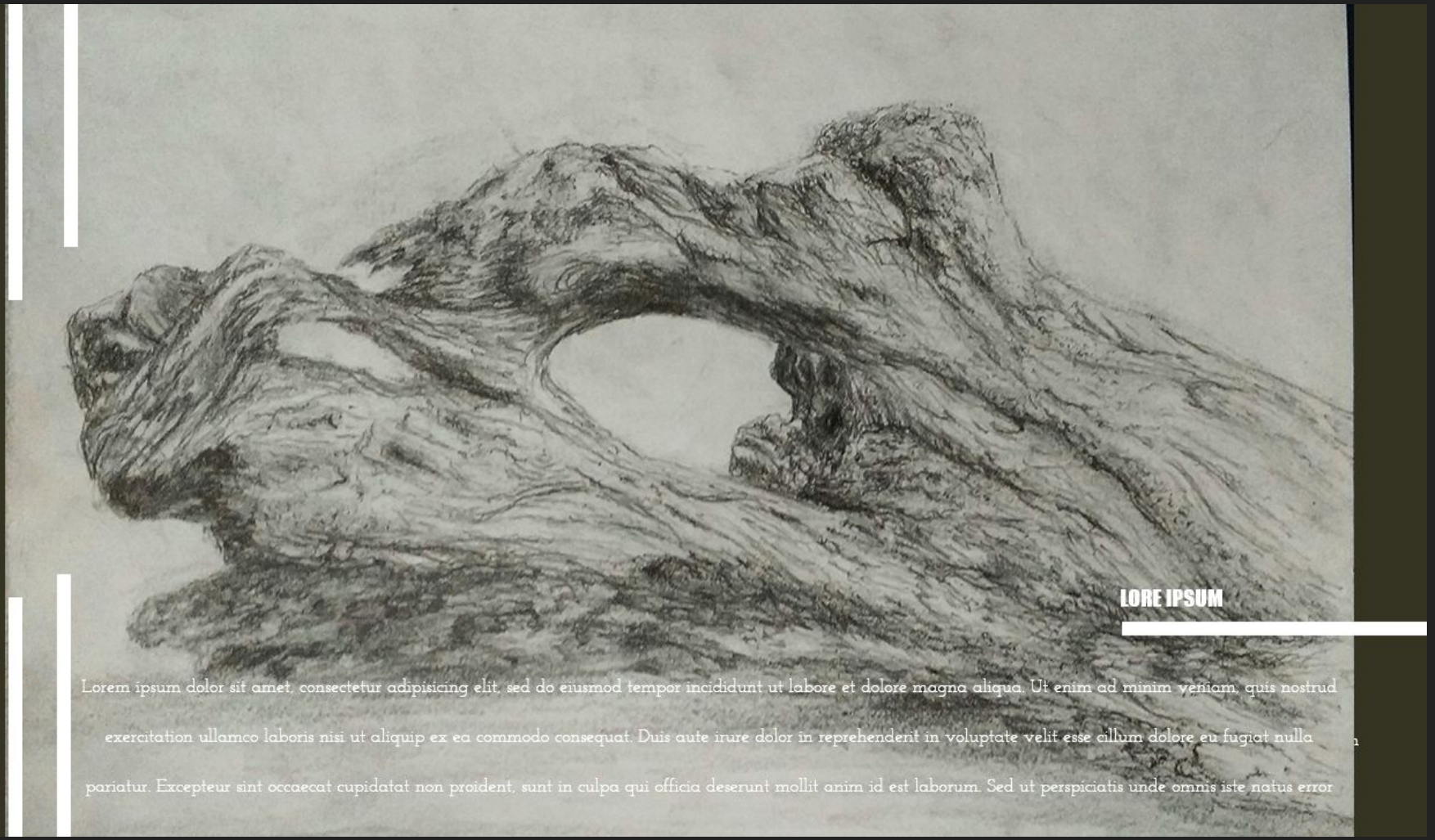
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METHUSELAH

"Methuselah," which is more than 4,800 years old, is one of the oldest living trees on earth, and stands with its brethren in the Ancient Bristlecone Pine Forest on the other side of California in Inyo County. "Methuselah" was 4,789 years old when sampled in 1957 by Edmund Schulman and Tom Harlan, with an estimated germination date of 2832 BC. Methuselah is the oldest known living tree and non-clonal organism in the world—4,842 years old as of 2011. Font: https://sierranevadageotourism.org/entries/ancient-bristlecone-pine-forest/70b068b8-0b52-4038-b765-dbc817a263b0

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DO YOU KNOW PERUVIAN MACA!??

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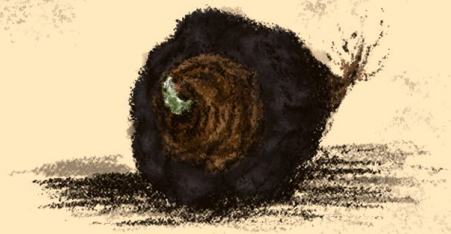
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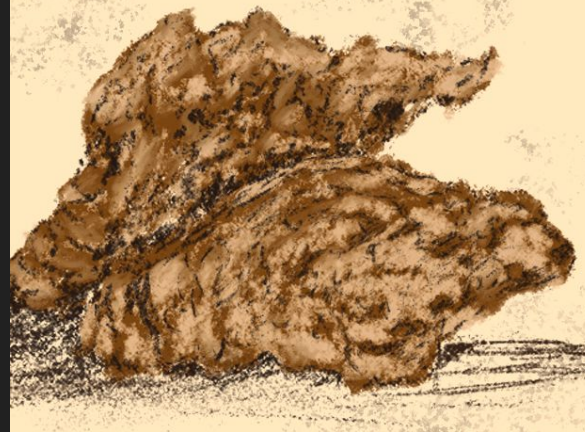
Maca is a traditional planto from Peru! Maca has been marketed for its supposed uses in traditional medicine, but there is no high-quality research to indicate it has any effect on health or diseases.



PERUVIAN MACA

DRIED

FOR TEA



60-75% carbohydrates (mostly as polysaccharides),[10] 10-14% protein, 8.5% dietary fiber, and 2.2% fats.

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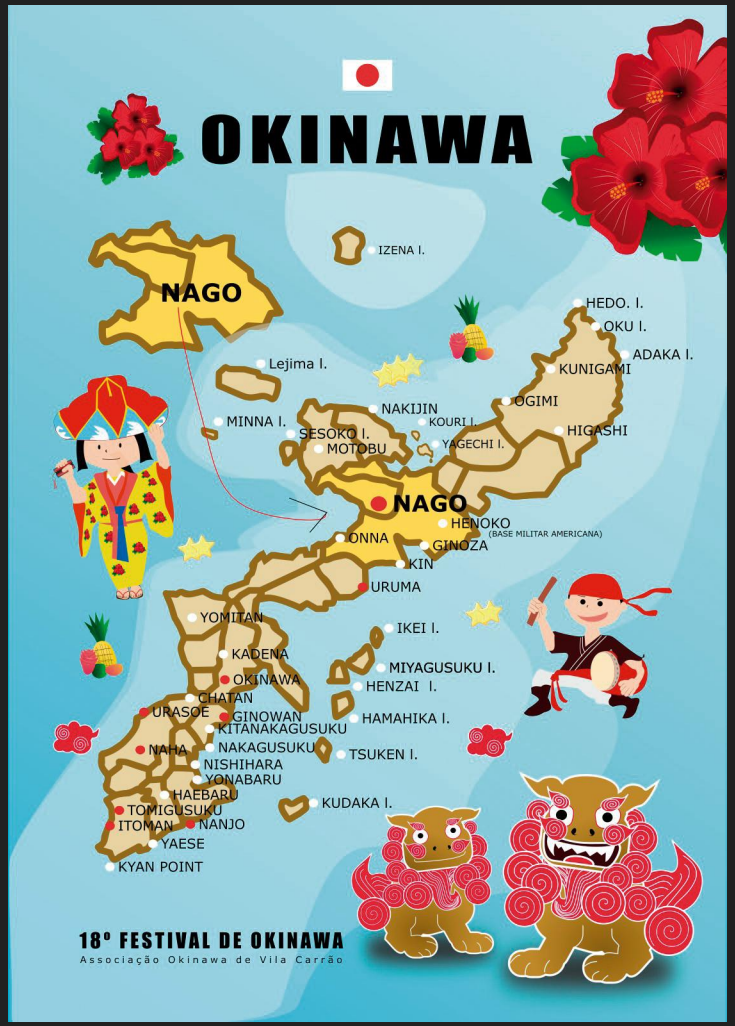
PERUVIAN MACA

powder for

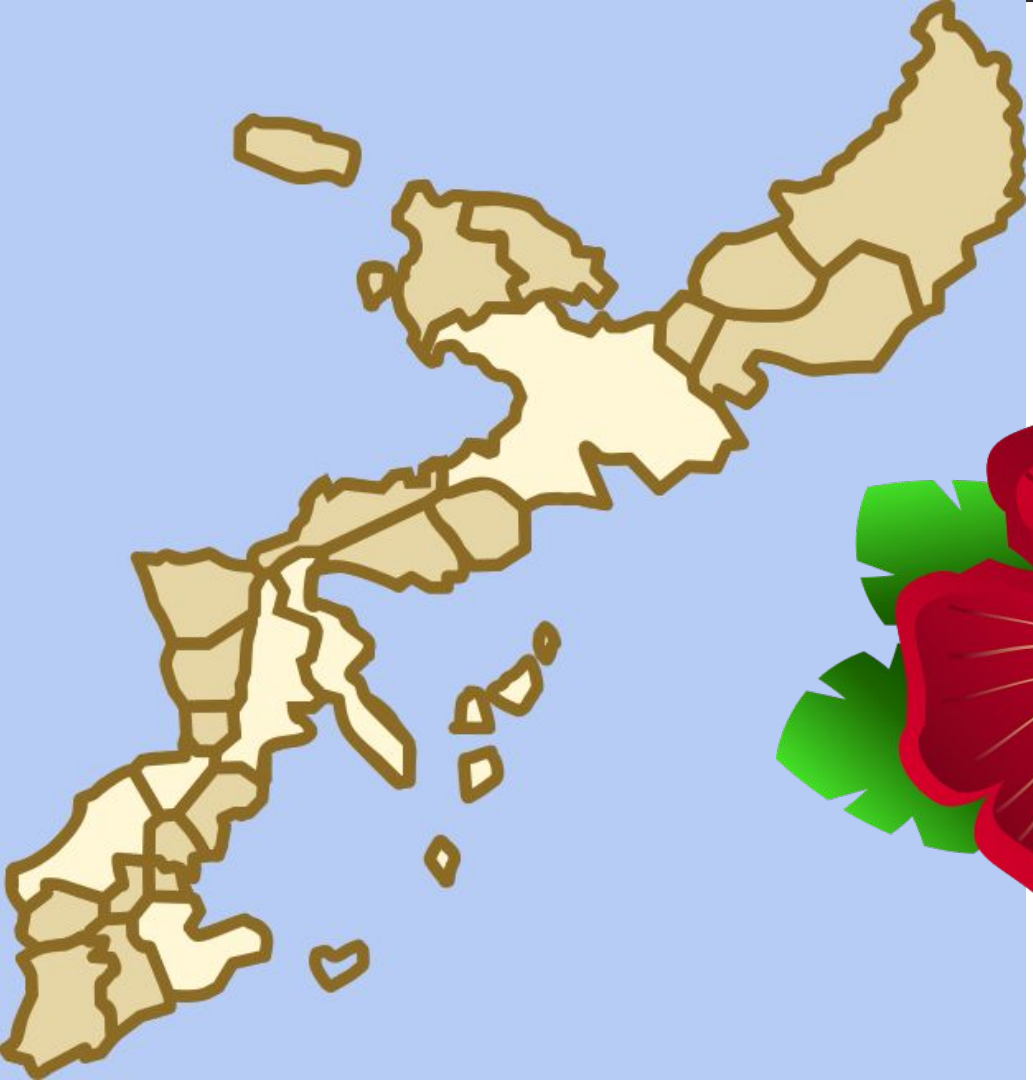
nutricional supplements

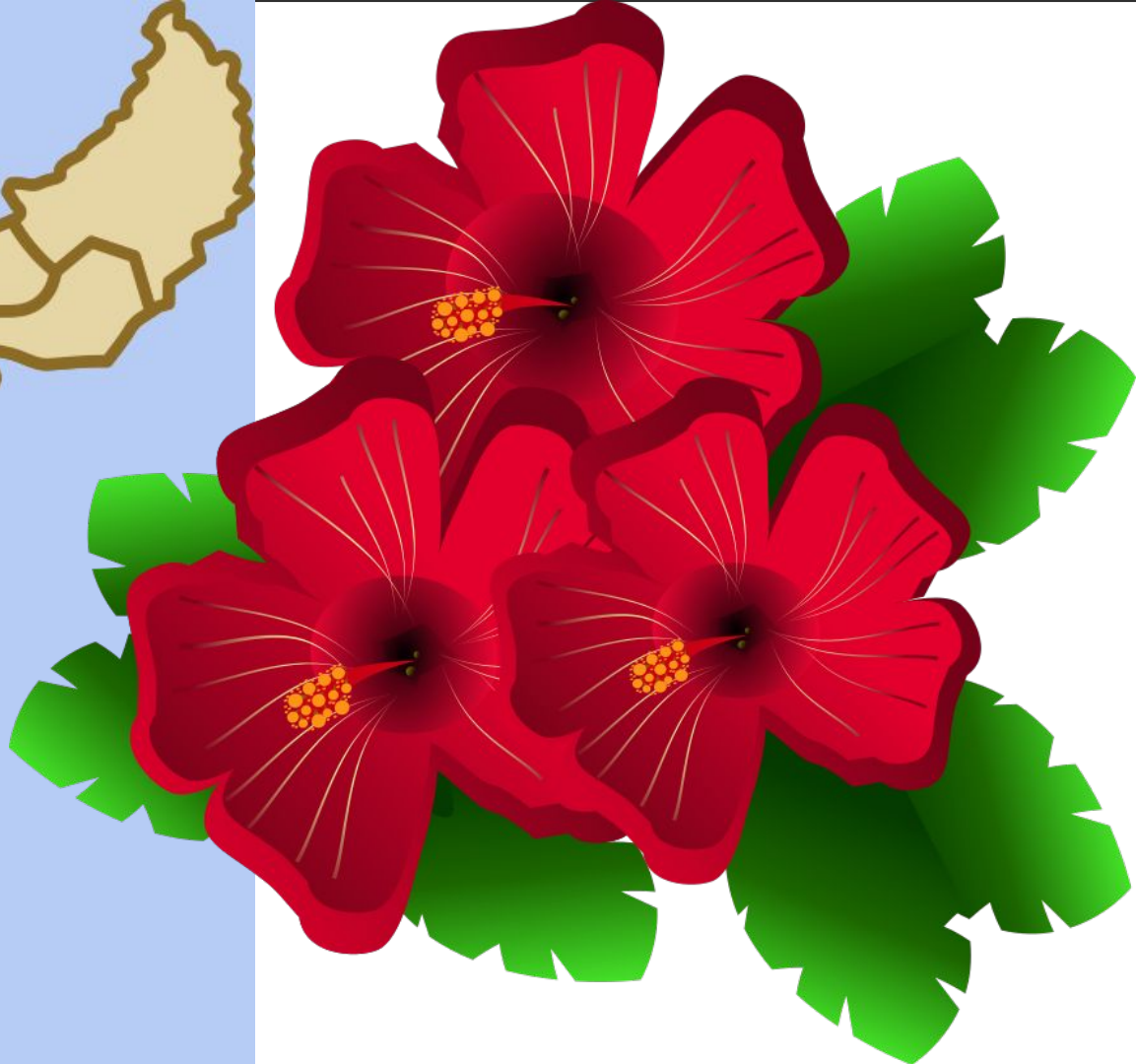


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OKINAWA
IZENA I.
NAGO
HEDO. I.
OKU I.
ADAKA I.
Lejima I.
KUNIGAMI
OGIMI
NAKIJIN
KOURI I.
MINNA I.
SESOKO I.
MOTOBU
YAGECHI I.
HIGASHI
NAGO
HENOKO
(BASE MILITAR AMERICANA)
ONNA
GINOZA
KIN
URUMA
YOMITAN
IKEI I.
KADENA
MIYAGUSUKU I.
OKINAWA
HENZAI I.
CHATAN
URASOE
GINOWAN
HAMAHIKA I.
KITANAKAGUSUKU
NAHA
NAKAGUSUKU
TSUKEN I.
NISHIHARA
YONABARU
HAEBARU
KUDAKA I.
TOMIGUSUKU
ITOMAN
NANJO
YAESE
KYAN POINT
18º FESTIVAL DE OKINAWA
Associação Okinawa de Vila Carrão

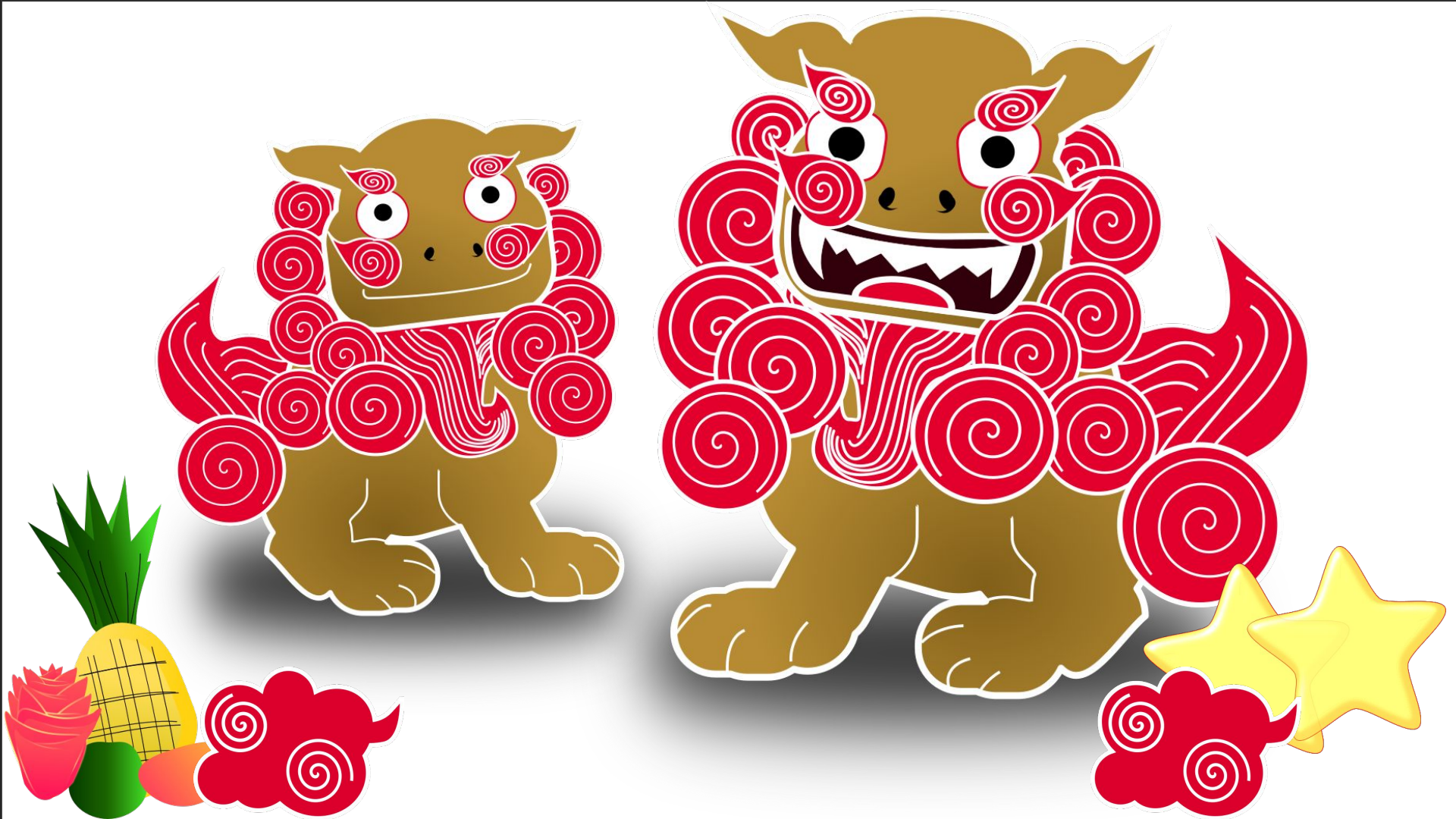

18º FESTIVAL DE
OKINAWA
Associação Vila Carrão SP
6 e 7 de Agosto de 2022
Centro Esportivo
Manchester
Confira
a programação:
www.okinawafestival.com.br
@okinawa.festival



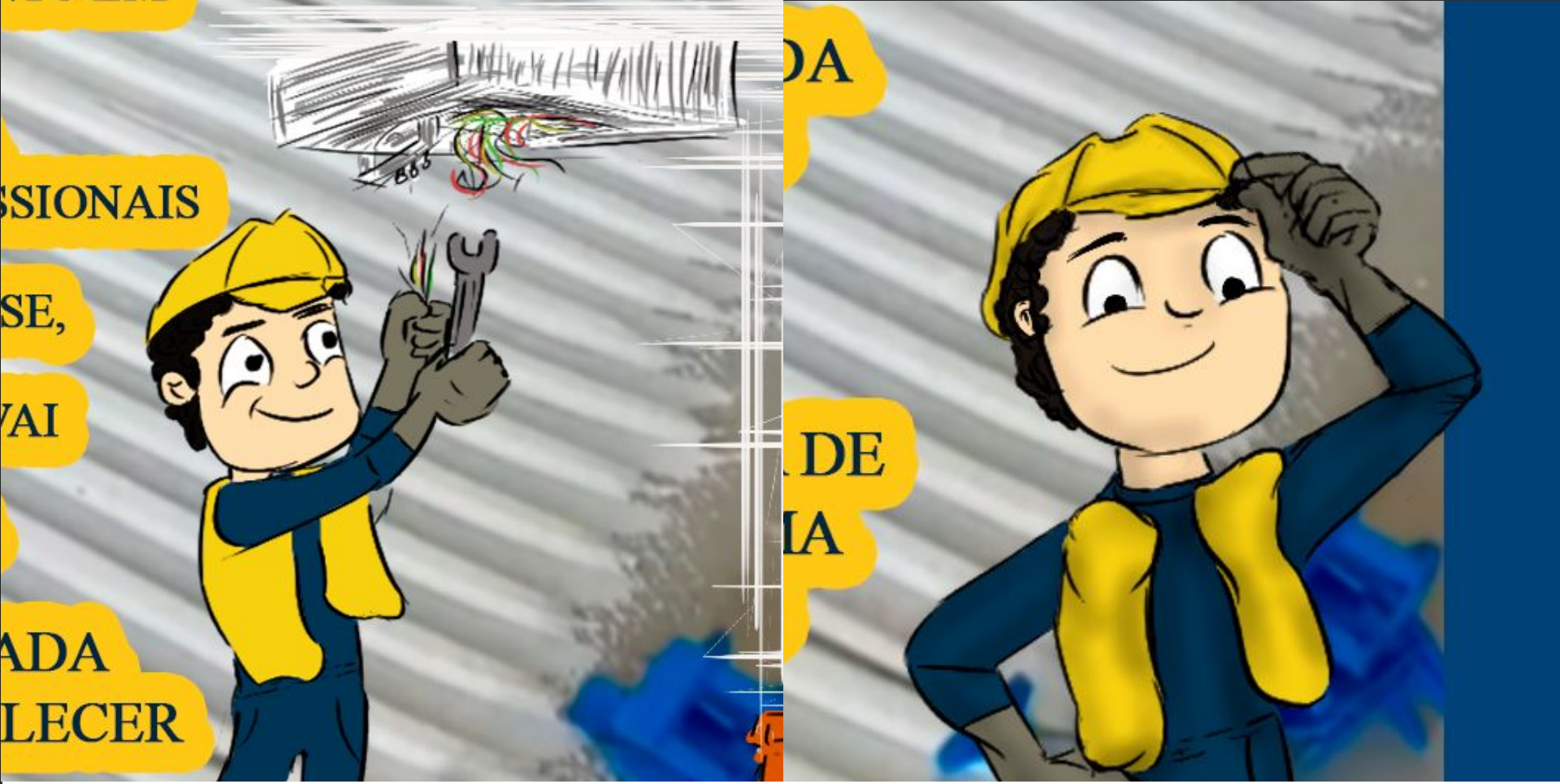









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PARA OBTER UM BOM ORÇAMENTO DE REFORMA:

SE TRATANDO DE UM ORÇAMENTO DE REFORMA, MUITAS MUDANÇAS E SURPRESAS ACONTECEM. PORTANTO SEMPRE É BOM SE PRECAVER.



1- VOCÊ DEVE TER UM PROJETO OU PELO MENOS UMA PLANTA SIMPLES COM AS DIMENSÕES DOS AMBIENTES, ASSIM VOCÊ PEDIRÁ UM ORÇAMENTO DOS SERVIÇOS A SEREM PRESTADOS POR VALORES UNITÁRIOS POR M2, LINEAR ETC ...


Reformágil
2- DEFINA O ESCOPO DA REFORMA PARA EVITAR MUDANÇAS DEPOIS QUE A OBRA JÁ COMEÇOU. ...
3- DIVIDA O ORÇAMENTO EM ETAPAS. ...
4- DE PREFERÊNCIA A EMPRESAS OU PROFISSIONAIS COM REGISTRO NOS CONSELHOS DE CLASSE, ARQUITETOS OU ENGENHEIROS. ISSO VAI AGREGAR RESPONSABILIDADE.
5- NÃO COMPRE NADA ANTES DE ESTABELECER EXATAMENTE O PLANEJAMENTO DA REFORMA...


Reformágil
6- PESQUISE OS CUSTOS DOS MATERIAIS E DA MÃO DE OBRA. PEÇA A CONTRATADA UMA LISTA DE MATERIAIS ASSIM EVITARÁ DE TER SOBRAS DE MATERIAIS.
PEÇA TAMBÉM UMA LISTA DE CLIENTES PARA FAZER UMA CONSULTA DOS SERVIÇOS PRESTADOS.


Reformágil
7- EXIJA SEMPRE UM ORÇAMENTO COM VALORES UNITÁRIOS DOS SERVIÇOS A SEREM CONTRATADOS, ASSIM CASO VOCÊ TENHA QUE ACRESCENTAR OU REDUZIR SERVIÇOS SERÁ FÁCIL FAZER O MAIS E MENOS. PORTANTO EVITAR ORÇAMENTOS COM VALORES DOS SERVIÇOS GLOBAL.
8- EXIJA UM CONTRATO COM O ORÇAMENTO EM ANEXO.
SEJA ÁGIL NA SUA REFORMA! CHAME A REFORMÁGIL!